



Tips, information and rules of conduct

Information und rules of conduct at the ADAC road safety practice circuit Regensburg/Rosenhof

Opening times:

Open all year, including public holidays, on Friday and Sunday from 5.30 p.m. until 8.30 p.m. Prior registration is not required.

Conduct and rules

Please observe the following rules for a safe and successful practice procedure.

- » The practice round begins on the road safety practice circuit at the point marked for driver changing. The vehicle may only be driven by the accompanying person to this driver changing point and later at the end of the practice time when leaving the changing point.
- » An accompanying person has to sit on the passenger seat during the entire drive to be able to actively react at any time.
- » The driver and the passenger have to have fastened their seatbelts.
- » The road traffic regulations apply on the road safety practice circuit.
- » The permitted maximum speed of 30 km/h applies on the entire site.

Information and prices

The road safety practice circuit is appropriate for beginner drivers and for those returning to driving, who want to become familiar with driving again after a longer period of time.

Tips for safe practice, general information and closing times due to events can be viewed on:
www.adac-fahrtraining.de/verkehrsuebungsplatz

Payment method:

Cash, card payment

ADAC

Road safety practice circuit

Regensburg / Rosenhof

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Practice responsibly:

The minimum age of the beginner driver has to be 15 years. The accompanying person must have been in possession of a valid driving licence for at least 3 years. The road safety practice circuit can only be used for vehicles without trailers. Vehicles with temporary or trader registrations are not permitted. It is not permitted to bring children under 14 years.

Breakdowns and accidents have to be reported immediately to reception. Participants practice at their own risk and bear the responsibility for damage caused. Staff instructions should be followed. If the rules are violated the driver will be dispelled from the course without reimbursement of the amount paid. .

Insurance:

Comprehensive insurance for your own car, with 500 euros excess can be booked separately per evening.

ADAC road safety practice circuit Regensburg/Rosenhof

ADAC driving safety centre Regensburg/Rosenhof
ADAC-Straße 2, 94098 Mintraching-Rosenhof

Opening times: Friday and Sunday from 5.30 p.m. until 8.30 p.m.

Service-Hotline T 0 800 898 00 88 (free of charge)

adac-fahrtraining.de



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10 tips for successful practice sessions

1. Getting to know the vehicle and preparation for the drive

» Take the time at the beginning to get to know and understand the most important controls on your vehicle (gears, pedals etc.).

2. Preparation for the drive

» Adjust to a suitable sitting position before you start.
Check the mirrors and familiarise yourself with the pedals and the gears.

3. Start the engine

» For stick shift: Engage the clutch – press the brake - put the gear into neutral – start the engine. For automatic: Put the gear into „P“ – press on brake – start the engine.

4. Start to drive

» Take your time to get it done! Pay attention to the proper way to indicate.

5. Stopping

» Gently apply the brake when the clutch is pressed down (in the case of stock shift).

6. Steering technique

» How to hold and guide the steering wheel correctly – hand positions. Quarter to three!

7. Changing gears

» Consciously practice changing up and down gears.
Important: You should always look to the front.

8. Driving slowly in moving traffic

» This does not involve traffic signs and traffic rules but indicating properly and holding the driving line. Look as far ahead as possible and to the area you are driving.

9. Turning off the road

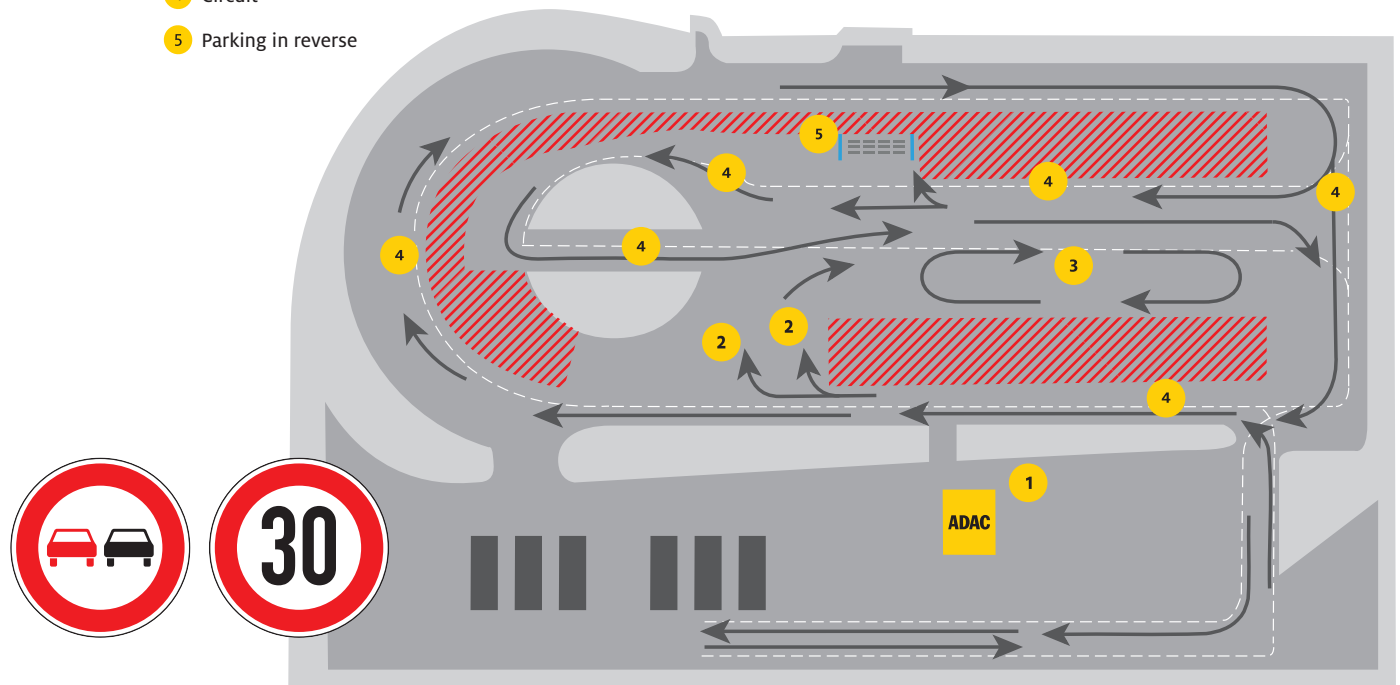
» Look over your shoulder, put on your indicator, turn left or right.
Keep other road users in sight.

10. Parking / leaving a parking space

» Take your time!

Description of the site plan

- 1 Main building/registration
- 2 Driver changing point
- 3 Beginners' area
- 4 Circuit
- 5 Parking in reverse



Please do not drive on the marked sections!